

# The perfect balance

**Yasmin Jobsz has found a great work/life balance in her role as a truck driver for Pallet-Track**

While truck driving remains a male-dominated profession, Yasmin Jobsz believes it is very accepting of women.

“In the beginning I did feel like everyone was watching me everywhere I went, but I think that was more to do with the novelty of a woman truck driver,” she says. “I’ve never had a single derogatory comment, in fact most people are very welcoming.”

Plenty of people are interested in how she gets on – her Instagram account, where she documents her daily work life is @pinkladytrucker\_UK has more than 15,000 followers.

Yasmin is qualified to drive articulated trucks (C+E) and rigid. She works for the [Bartrum Group](#), which is part of the Pallet-Track network, and has chosen to specialise in collection and deliveries in a rigid vehicle, which typically requires a Class C licence.

Yasmin clocks in for work at 8am - but her day actually starts at 6am. A former showjumper, after retiring from the sport, she converted her stables into a hobby farm. She takes her young daughter to the farm every morning before work, to spend some time with the animals and catch up on a few chores.

After dropping her daughter at nursery, Yasmin arrives at her depot in Eye, Suffolk, for a briefing and pick up her delivery schedule for the day. After inspecting her truck for defects and ensuring the load is correctly secured, she is off. Generally, deliveries occur in the morning followed by collections after lunch.

Yasmin’s round of deliveries and collections is local to the depot, to ensure she can react quickly if her daughter is ill and gets sent home from nursery. “It has only happened once but, as a mother, it’s important that I be there for her.” She clocks out at 5.30pm and only works Monday to Friday.

Yasmin gained an HGV licence in order to drive horse boxes for her show-jumping career and discovered that she really enjoys driving trucks. “Driving is my favourite part of the job,” she adds. “You are on your own for large parts of the day, but also you regularly stop at a lot of the same places, so you see the same people and get to build up relationships with them. So you get a good mix of time on your own and time with others, which I quite like.”

Yasmin says she would recommend her job, but that it’s not as easy as many people think. And having the right employers makes a huge difference. “My company is really accommodating in terms of the work/life balance I need,” she says.

Another thing she likes about her job is having a dedicated truck to herself. “Not sharing the truck with anyone else means everything is always where you want it to be,” she says. “It is the best mobile office in the world.”

As each day ends, she reverses her route, collecting her daughter from nursery and revisiting the farm before returning home. “The hour I get with my kid on the hobby farm before and after work really balances my day out. It’s a long day but if you want that work/life balance, you just need good time management. Make the most of each day.”

